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| **Day** | **Action** | **Material** | **Approx. Time Needed per Action** | **Total Time Needed** |
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**How to Make a Five-Day Study Plan**

1. Break the material on the exam into chunks or groups of material. (By chapter? Topic? Lecture? You decide what makes sense depending on your class.) For the example below, we will use four (4) chunks or groups of material (A, B, C, and D). For example, Chunk A might be chapters 1-2, Chunk B is chapter 3, Chunk C is chapters 4-5, and Chunk D is chapter 6.
2. Plan to spend about 2 hours studying on each of the five days.
3. Work with the material in two (2) ways: preparation and review.
4. Decide what preparation and review strategies will work best for you and include those on your five-day study plan chart.

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| **Day** | **Action** | **Material** | **Approx. Time Needed per Action** | **Total Time Needed** |
| **Tuesday** | Prepare | Oldest/hardest chunk of material | 2 hours | **2 hrs** |
| **Wednesday** | Prepare | 2nd oldest chuck of material | 2 hours | **2 hrs 30 mins** |
| Review | 1st chunk of material | 30 minutes |
| **Thursday** | Prepare | 3rd chunk of material | 1.5 hours | **2 hrs 20 mins** |
| Review | 2nd chunk of material | 30 minutes |
| Review | 1st chunk of material | 20 minutes |
| **Friday** | Prepare | 4th chunk of material | 1 hour | **2 hrs** |
| Review | 3rd chunk of material | 30 minutes |
| Review | 2nd chunk of material | 20 minutes |
| Review | 1st chunk of material | 10 minutes |
| **Saturday** | NONE - Relax!! | |  |  |
| **Sunday** | Review | 4th chunk of material | 30 minutes | **2 hrs 10 mins** |
| Review | 3rd chunk of material | 20 minutes |
| Review | 2nd chunk of material | 10 minutes |
| Review | 1st chunk of material | 10 minutes |
| Self-Test | All Material | 1 hour |
|  |  |  | Total time = 11 hours | |
| **Monday** | TEST! | |  |  |