Student Success Tips

Class

- Review your syllabus.
- Set up a time management tool (planner, phone calendar) at the start of the semester.
- Attend all classes.
- Sit at the front of the class.
- Read & prepare before class.
- Take notes & ask questions in class.
- Review, edit, and reorganize your notes after class.
- Review SSC online resources.
- Schedule an appointment with your advisor for next semester planning and major changes.
- Use office hours to meet with your professor.

Self

- Manage your health and social life.
- Use <u>Pat Walker Health Center & UREC</u> to manage your physical health.
- Use <u>CAPS</u> to manage your mental health.
- Stock up on healthy snacks and drink lots of water.
- Get involved in a campus <u>RSO</u> or volunteer with the VAC.
- Visit the <u>Food Pantry</u> if you find yourself in need.
- Take meaningful breaks when studying

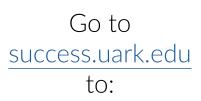
 do something that will help you feel
 refreshed!

Study

- Schedule regular weekly study time.
- Study at least 2 hours for every hour you sit in class.
- Study in a distraction-free zone.
- Use active study strategies, like <u>The Study Cycle.</u>
- Space out your study sessions, change subjects hourly, and divide the material into manageable sections.
- Use a <u>Five-Day Study Plan</u> for each exam.
- Create study guides and practice questions.
- Meet with a <u>tutor</u> to improve your study skills and increase your learning.

Evaluate

- Use each exam as a learning tool.
- Complete the Post-Exam Self Assessment.
- If your professor allows, keep all exams and guizzes to help prep for the final.
- Consistently evaluate your performance and be receptive to change.



- Learn more about our services
- Schedule an appointment
- View online resources



Fall 2021 Semester at a Glance

| WEEK: | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-------|----------------|---|--|---------------------------|--------------------------|--|-----------------|
| 1 | Aug 22 | 23 classes begin academic support available | 24 | 25 | 26 | 27 - SI registration opens - drop w/o "W" deadline for 8 week 1 classes | 28 |
| 2 | 29 no tutoring | and Writing Studio open | 31 | Sept 1 | 2 | 3 drop w/o "W" deadline for full semester classes | |
| 3 | 5 no tutoring | 6 LABOR DAY | 7 | 8 | 9 | 10 | 11 |
| 4 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 5 | 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 6 | 26 | 27 | 28 | 29 | 30 | Oct 1 - graduation app due - drop with "W" deadline for 8 week 1 classes | 2 |
| 7 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 8 | 10 | 11 | 12 8 week 1 classes end | 13 8 week 2 classes begin | 14 | 15 | 16 |
| 9 | 17 | 18 | 19 drop w/o "W" deadline for 8 week 2 classes | 20 | 21 | 22 early progress grades emailed | 23 |
| 10 | 24 no tutoring | 25 FALL E | 26 BREAK | 27 | 28 | 29 | 30 |
| 11 | 31 | Nov 1 priority registration opens | 2 | 3 | 4 | 5 | 6 |
| 12 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 drop with "W" deadline for 8 week 2 & full semester classes | 20 |
| 14 | 21 | 22 | 23 | 24 | 25 THANKSGIVING BREAK | 26 | 27 |
| 15 | 28 no tutoring | 29 | 30 | Dec 1 | 2 | 3 last day of SI | 4 |
| 16 | 5 | 6 | 7 | 8 | 9 last day of classes | 10 - dead day - no tutoring | 11 |
| 17 | 12 | 13 | 14 | 15 FINAL EXAM WEEK | 16 | 17 | 18 commencement |